
Progressive Training

TIME MANAGEMENT

Training Fee: \$125.00 (plus tax) per person
One Day Training Session

Course Objectives

Time is very crucial today because of its impact of who you are here for. Everyone has a natural time clock and how you use it relates to your decision making and the actions you take. As children grow into adolescent and onto adulthood, they've always practiced time management within the daily 24 hours. In this class, groups will develop their plans according to the hours allowed per day. The meaning and practices are also discussed that are related to Navajo teachings.



Agenda

- Introduction
 - $24 \div 3 = 1$
 - T-Wasters
 - Road Map
 - Simple Tips
 - Conclusion
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